

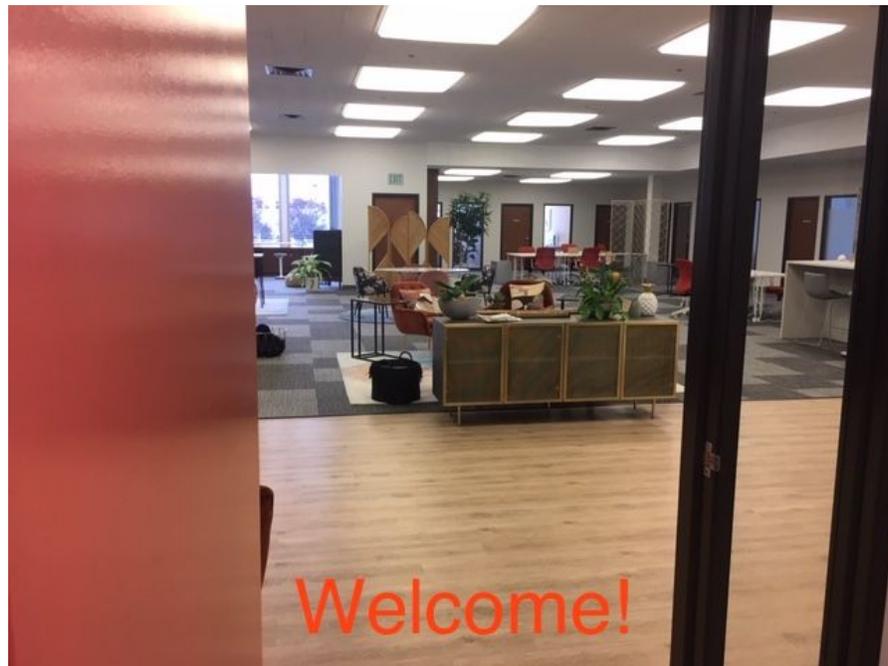
Great news! I am moving my counseling practice to the eastside of Portland. It has been a long search as some of you know, and I'm *very happy* to have found a good fit, which should be much more convenient for so many of you. I will start seeing clients there on **Tuesday, September 17**. (Prior to that date, please continue to see me in my current office in downtown Portland.)

401 NE 19th Avenue, Portland, OR 97232

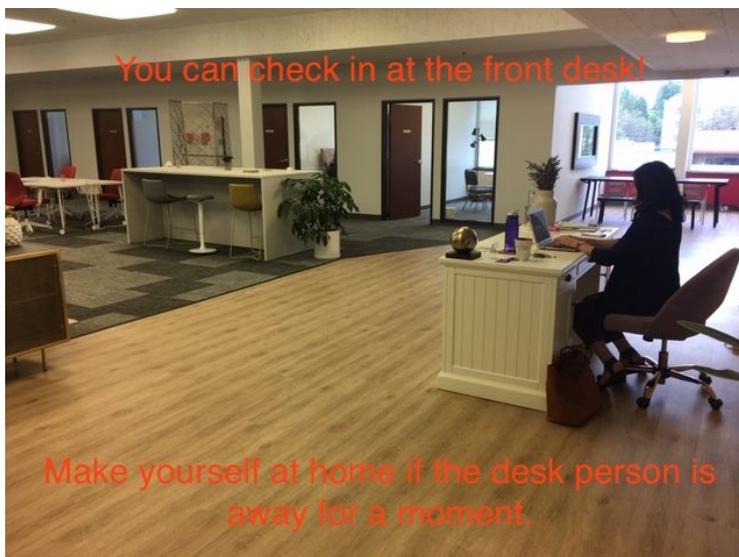
The new office is part of the Vida Coworking Space in inner NE Portland. Long-time Portlanders may recognize that it was previously the Jantzen Headquarters building. Here are some photos that will help you find me on your first visit.



Vida's open-format coworking space is on the 2nd floor, which you can reach via the elevator (or stairs).



Check in with the concierge at the front desk. You are welcome to help yourself to coffee, tea, water, and wifi! The concierge will let me know you're here and can show you to my private office in another part of the building the first time or two. [There is also a small waiting area closer to my office if you prefer wait there. Pictures on next page.]



Please feel free to come early and help yourself to water, tea, or coffee (there are all kinds of creamers in the fridge for you to use), and use the workspace and free wifi while you wait. **VidaWifi password: Vida2019!**



Isn't it amazing?!?!



Laura's New Office Details:

Description: The building is at 401 NE 19th Ave, just north of NE Sandy Blvd. When you enter the building, the elevator and stairs are off the main hall to the right. You will see an elevator and stairs with the Vida logo. Go up to the **2nd floor** to Vida's main co-working space to check in.

After hours access: If your appointment starts at 6pm or later, I will arrange to meet you at the door to let you in.

Bus Routes: 12-Sandy, 19-Woodstock/Glisan, 20-Burnside, MAX (15 minute walk from Holladay Park MAX)

Parking: Street parking is available in the surrounding area, but can take a few minutes to find. There are some street parking options NE 20th - from NE Sandy Blvd. to NE Oregon Street, and on Sandy at 18th and 19th, depending on the time of day.

Give yourself some extra travel time on your first visit or two to the new space. Please feel free to contact me if you have any questions or concerns about this transition. I look forward to welcoming you there!

Laura Martin, LCSW
Vida Coworking Space
401 NE 19th Ave
Portland, OR 97232
(503) 542-4378